

ATTENTION BUSY MOMS OR DADS:

Are you tired of being pulled in many directions at once?

Do you, like many busy parents, often find yourself:

- Arguing with instead of talking with your school-age kids?
- Unsure how to help your son or daughter through his or her latest "issue"?
- Struggling to get your kids to study and help out around the house instead of just hanging out?
- Feeling like family, work and other obligations leave you no free time?
- Struggling to mesh different parenting styles with your spouse or other loved ones?
- Craving more peace and laughter in your home?

THERE IS A BETTER WAY!

One of our strongest desires as parents is to raise awesome kids. Part of being a great parent is effectively managing your household and activities such as working and volunteering.

You can take steps to easily balance and excel in your roles of parent, spouse, employee, household manager, volunteer, cheerleader, tutor and more!

Join us in a powerful, motivating and affordable group of busy parents and get practical strategies and personalized coaching via phone to be more successful in your parenting and other life roles!

Dear Fellow Parent,

As busy parents, there are days when it's all we can do to get everyone clothed and fed, the homework and chores done, and the family into bed at a decent hour. I know what that feels like. ***But we know there is more to parenting than that!***

As a busy mother of three with my own business and community obligations, I can relate to your daily struggles. I have three great teenagers and one awesome husband. We have two full-time careers and support several schools, our church, Boy Scouts, a school band, several academic competitions, and more.

Over the years, I've developed a wealth of techniques and wisdom that has brought us more peace, saved us much time and energy AND helped us focus on being the best parents we can be. As a trained Life Coach, Industrial Engineer (think *effectiveness* and *efficiency*) and veteran Mom, I offer my clients the support and ideas, accountability and encouragement to be the best parents they can be. I'm eager to share all this with you!

P.S. I'm so sure you'll love the results of the offer I'm going to give you that I'll give you a money-back guarantee! Read on for more....

I am excited to invite YOU to join a group of like-minded parents in a powerful Fine-Tuned Parents Group twice-monthly via phone.

What does the Fine-Tuned Parents Group do?

We'll start with an individual Life Coaching session for you. We'll look at the important areas of your life. You'll set some specific goals to move yourself forward in any area you wish, and we'll get you motivated to do so.

The group will meet by phone for 60 to 75 minutes twice a month. In each session, I'll present some powerful information on various topics that will help you achieve your goals. Each participant will commit to specific actions between sessions and report back to the group at the next call. I'll also email you great wisdom and insights to consider between sessions.

Here are just a few of the areas we'll cover during our sessions:

- *Becoming a more positive parent*
- *Making the most of teaching moments*
- *Getting your kids to help around the house*
- *Managing money to afford what you need and want*
- *Communicating effectively within your family*
- *Managing personal and professional calendars effortlessly*
- *Empowering the parent / student / teacher team*
- *Saying "No" without starting a war*
- *Helping your student organize his or her papers, binders and backpack*
- *Avoiding power struggles with your son or daughter*
- *Balancing your many life roles*

Our group will cover many other great subjects and select additional topics that best suit the needs of each of you.

In each group session, you'll get valuable information and success strategies to help you improve your parenting and communication skills, build teamwork within the family, and manage all you choose to do. I'll offer spot coaching around the topics that come up in the call and opportunities to share victories and successes, frustrations and concerns.

Between sessions, you can also get my support via brief phone calls and emails and get support from me and your fellow parents through the Fine-Tuned Families online forum. This will be a great help when you look to apply the ideas we've covered to your life.

Here are three keys that empower our group:

- 1) My **expertise** in parenting, household management, work / life balance strategies and improving efficiencies plus a wealth of resources. I am also an independent facilitator of the Becoming a Love and Logic Parent Curriculum® and will bring that wisdom to all our conversations.
- 2) The **support and encouragement** of a great group of people who face the same challenges you do. These fellow parents will be there for you along the way.
- 3) The **gentle accountability** to me and to our wonderful group of fellow parents. Because this is an ongoing parent success group, the answerability will spur you to *really* move forward in whatever areas you choose to address.

This is an investment in your household, your family, and your life - it will more than pay for itself. We'll explore specific ways to save money for years to come. In applying the time and energy saving ideas we cover, you will free these precious resources to spend with your family and in other important areas of your life.

So, are you ready to experience the power of this group?

Here are some questions you may have:

- **How much time do I need for this group?** *We will meet by phone for 60 to 75 minutes twice a month. Between sessions, you'll want to spend an hour or two applying what we cover. So you might average a*

little over one hour a week. Remember, this is for you and your family so it is time well spent.

- **How flexible is the material you present?** *We are all unique parents of unique kids. You will choose how to best apply what we cover to yourself and your family. We will draw from the wisdom of our group and look at what myself and other experts say are best for our families. You will then decide how to best apply that wisdom to your unique family.*

- **What if I occasionally miss a session?** *While you'll get the most benefit from the live call, I will record each session should you need to listen to it at a later time.*

- **How long will this group last?** *This is an ongoing parent success group. You are welcome to participate as long as you wish. I suggest a minimum commitment of four months to see great results. The longer you participate, the more of your goals you will realize and the better your family will do.*

- **Do you offer a guarantee?** *Yes, I stand behind the success of this process. If you are not satisfied with your progress after the first four sessions, I'll give you a complete refund.*

Here are some testimonials from my clients and workshop participants:

Janet's presentation ... confirmed many thoughts and desires I had at the time and helped me to take action on these. The seminar helped me to prioritize, simplify, declutter, and value my time. Paula, Mother of four

Janet truly enhances the ability of individuals and families to create harmonious and purposeful lives to live out loud. She uses great visual story pictures to help an individual see 'the forest despite the trees'. She walked me through a 'potter at his wheel vitalization' that 'stopped me in my tracks' and shifted my thoughts and actions to positive results instead of the same old actions and the same old results. – Angie, parent & grandparent

As a business owner, wife and mother of two, I often felt pulled in many directions. Janet was sincere and empathetic in her approach to benefit our family. She especially helped me organize family schedules and work schedules in order not to become overwhelmed. She also coached me to take a “Time-Out” from family or work situations that may be causing stress. Janet helps clients set goals and tasks to do and holds them accountable for the follow-through. Her peaceful approach and calmness truly help de-escalate emotional situations and feelings of being overwhelmed.

Cathy, Mother of two

I have learned and utilized many skills from Janet's guidance. One of the best skills I have learned is setting goals for myself and taking small steps to get there. Janet has also helped me learn to “not sweat the small stuff”. She showed me how to let go of my need for perfection and leave some details unplanned. Janet has the skills, patience, and knowledge to address any situation. I love the fact that before our session was over; we made an accountability list of what was going to happen between sessions. Janet has proven herself to be highly qualified to work with parents and children. She will help you achieve your goals as long as you are willing to take part. JANETTE, Mother of three

There was a wealth of information and some really neat ideas that she incorporated into our meeting time. (She demonstrated) fun and simple way(s) to approach organizing all of the stuff that clutters our homes. We also had “homework” which I loved! Janet really has a very valuable service, that I think many people especially, very busy moms will find very helpful. Amy, mother of five

Join now and get these great features:

- 1 - An individual Life Coaching session with me
- 2 - Two Live Fine-Tuned Parents Group Phone Calls each month
- 3 - Personal Spot Coaching during the calls to keep you moving forward
- 4 – Access to me via phone and email between sessions
- 5 - The accountability and support from a great group of like-minded parents during and between calls.
- 6 - Online recordings of both Monthly Program calls
- 7 - Ongoing communication and support with myself and your group members via our *Fine-Tuned Families Online Community*.
- 8 - Special discounts on new workshops and programs I offer
- 9 – The time and peace of mind to enjoy more of life with your family

"This sounds great, how do I sign up?"

My clients are happy to pay \$150 - \$200 per month to work one-on-one with me. Coaching with me is a powerful process and we make awesome progress during our time together.

But I want to reach more people and make an offer that you can't resist. So for a limited time, I am offering you the opportunity to join this group for as little as \$40 per month with a four month commitment! This is normally priced at \$60 per month, so sign up today to lock in this special rate!

As I mentioned before, I guarantee you'll love the results after just four sessions or I'll give you a complete refund!

***** INTRODUCTORY OFFER *****

"Yes, I want to be a part of this Fine-Tuned Parent Group!"

_____ I agree to pay \$40 monthly (for individuals) or \$60 monthly (for couples) for each month I am enrolled in this motivating program.

(A \$60 value for individuals or \$120 value for couples!) In order to get this great rate, I commit to be in the group a minimum of four months, make payments bi-monthly, and commit to work to achieve my goals while part of this group.

REFERRAL OFFER: If you refer a friend, and he or she joins one of my groups, I'll offer both of you an additional bonus of half off your first month's participation fee!

Name _____

Phone Number _____

Email Address _____

Fill out and return this form via email to
Janet@FineTunedFamilies.com

Or use regular mail service to the address below.

Join us and start making great progress in your life!

I look forward to hearing from you!

Take Care,

Janet



Janet Bonnin

Fine-Tuned Families

Phone: 830.249.9785

Email: Janet@FineTunedFamilies.com

www.FineTunedFamilies.com

148 Lake Front Drive, Boerne TX 78006